

# SOCIOLOGY In Our Times

# THE ESSENTIALS 11E



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Australia • Brazil • Mexico • Singapore • United Kingdom • United States



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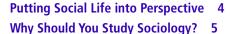


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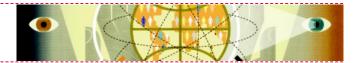
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# **PREFACE**

Welcome to the eleventh edition of *Sociology in Our Times: The Essentials*! This best-selling text has been extensively used for more than two decades in college and university classrooms across the United States, Canada, and other nations. However, *Sociology in Our Times: The Essentials* continues to live up to its name, remaining highly current and relevant to today's students and professors and reflecting the latest available data and new insights on what is going on in our nation and world from a sociological perspective.

The eleventh edition focuses on social change and ways in which media, particularly social media, and various other forms of technology inevitably bring about new ways of living, interacting with others, or doing some activity or task. For example, the cover of the eleventh edition portrays a 250-acre nature park called Gardens by the Bay, created from reclaimed land located in the heart of Singapore. Designed to raise the quality of life by enhancing greenery and flora in the city and creating an urban outdoor recreation space, the park is also fitted with environmental technologies to harness solar energy, while the world's largest glasshouse is designed to collect rainwater for use in irrigation and fountain displays.

Like previous editions, the eleventh edition highlights topics ranging from popular culture icons and social networking to far-more-serious issues of our times, such as the social effects of massive natural and human disasters, gun violence, political unrest, terrorism, war, and the individual and social consequences of problems such as growing inequality between the wealthiest and the poorest people and nations, persistent unemployment, migration concerns worldwide, and other persistent issues and problems.

The second decade of the twenty-first century offers unprecedented challenges and opportunities for each of us as individuals and for our larger society and world. In the United States, we can no longer take for granted the peace and economic prosperity that many-but far from all-people were able to enjoy in previous decades. However, even as some things change, others remain the same, and among the things that have not changed are the significance of education and the profound importance of understanding how and why people act the way they do. It is also important to analyze how societies grapple with issues such as economic hardship and the threat of terrorist attacks and war, and to gain a better understanding of why many of us seek stability in our social institutionsincluding family, religion, education, government, and media—even if we believe that some of these institutions might benefit from certain changes.

As with previous editions, the eleventh edition of *Sociology in Our Times: The Essentials* highlights the relevance of sociology to help students connect with the subject and the full spectrum of topics and issues that it encompasses. It achieves this connection by providing a meaningful, concrete context within which to learn. Specifically, it presents the stories—the *lived experiences*—of real individuals and the social issues they face while discussing a diverse array of classical and contemporary theories and examining interesting and relevant research. The first-person commentaries that begin each chapter in "Sociology & Everyday Life" show students how sociology can help them understand the important questions and social issues that not only these other individuals face but that they themselves may face as well.

Sociology in Our Times: The Essentials includes the best work of classical and established contemporary sociologists, and it weaves an inclusive treatment of all people across lines of race/ethnicity, class, gender, age, ability/ disability, and other social attributes-into the examination of sociology in all chapters. It does not water down the treatment of sociology for students! Sociology in Our Times: The Essentials provides students with the most relevant information about sociological thinking and helps them to consider contemporary social issues through the lens of diversity. While guiding students to appreciate how sociology can help them better understand the world, this text also encourages them to see themselves as members of their communities and shows them what can be done in responding to social issues. As a result, students learn how sociology is not only a collection of concepts and theories but also a field that can make a difference in their lives, their communities, and the world at large.

### What's New to the Eleventh Edition?

The eleventh edition builds on the best of previous editions but places more emphasis on social change and social problems, while offering new insights, learning tools, and opportunities to apply the content of each chapter to relevant sociological issues and major concerns of the twenty-first century. As it is my goal to make each edition better than the previous one, I have revised all the chapters to reflect the latest in sociological theory and research, and have updated examples throughout. Additionally, all statistics, such as data relating to crime, demographics, health, and the economy, are the latest available at the time of this writing.

To make the text easier to read and to study for exams, I have removed the "Sociology Works!" and "Media Framing" boxes and have incorporated some of the most important information into the text itself. In addition, the feature titled "Sociology and Social Policy" has been given more emphasis in this edition because of its relevance to current events. This box focuses on important social issues (such as the high rate of suicide in the military, the right of homeless people to occupy public spaces, and the extent to which employers should be able to spy on employees) to provide a systematic examination of how social policy and law may bring about social change or impede it. Numerous new topics have also been added in "Sociology in Global Perspective," such as "Problems That People Like to Ignore: Global Diaspora and the Migrant Crisis" in Chapter 15, "Population and Urbanization."

To assist your students in learning about sociology and reflecting their knowledge on tests, I have continued to revise the learning objectives at the beginning of each chapter, provide integrated learning objective (LO) icons throughout the chapter, and offer students a study guide at the end of each chapter. The learning objectives have been carefully conceived to help the reader focus on the most crucial concepts of the chapter.

### **Changes by Chapter**

# **CHAPTER 1: The Sociological Perspective** and Research Process

- Updated chapter-opening lived experience to show continued linkages among social media, bullying, and suicide regarding young people in the United States
- Updated "Sociology & Everyday Life" quiz: "How Much Do You Know About Suicide?"
- Added new Figure 1.3: "Using Our Global Sociological Imagination to Understand Suicide"
- Added discussion of the contemporary relevance of Auguste Comte's focus on science in terms of this emphasis relating to sociology being a STEM discipline
- Revised and updated "Understanding Statistical Data Presentations" to provide the latest available data for students
- Updated Table 1.1, "Rates (per 100,000 U.S. Population) for Homicide, Suicide, and Firearm-Related Deaths of Youths Ages 15–19, by Gender, 2014"
- Revised and updated "Sociology and Social Policy":
   "Establishing Policies to Help Prevent Military Suicides"
- Updated Figure 1.14: "National Suicide Statistics at a Glance"
- Deleted "Sociology Works!" and incorporated its contents into "Sociology in Global Perspective" to emphasize the relevance of Durkheim's theory in contemporary India
- Deleted "Census Profiles"
- Deleted "Sociology in the Media"

### **CHAPTER 2: Culture**

- Revised and updated opening lived experience about the relationship between food and cultural diversity
- Deleted "Census Profiles"
- Updated Figure 2.11: "Heterogeneity of U.S. Society" using data on religious affiliation, household income, and racial and ethnic distribution available from the U.S. Census Bureau
- Updated examples in "Popular Culture" to relate better to contemporary students
- Deleted "Sociology in Media" and expanded section on culture in the future
- Deleted "Sociology Works!" and moved some of its information into "You Can Make a Difference": "Schools as Laboratories for Getting Along"

### **CHAPTER 3: Socialization**

- Added new opening lived experience on class attendance in higher education
- Updated and redesigned Figure 3.4: "Types of Maltreatment Among Children Under Age 18"
- Deleted "Sociology Works!"
- Deleted "Sociology and Media"
- Revised and updated "Sociology in Global Perspective":
   "Open Doors: Study Abroad and Global Socialization"
- Added new discussion on effects of social isolation and loneliness, particularly among older adults
- Added new final section—"Looking Ahead: Socialization, Social Change, and Your Future"—which discusses the different experiences of digital natives and digital immigrants and how this distinction affects the socialization process, particularly in higher education

# CHAPTER 4: Social Structure and Interaction in Everyday Life

- Updated opening lived experience to include newer example of the ethics of dumpster diving for people who are not poor or homeless
- Updated Figure 4.4: "Causes of Family Homelessness in 25 Cities"
- Deleted "Homelessness in the Media"
- Revised data in "Who Are the Homeless?"
- Deleted "Census Profiles"
- Revised and updated "Sociology and Social Policy," adding new subtitle: "What's Going on in 'Paradise'?— Homeless Rights Versus Public Space"
- Deleted "Sociology Works!"
- Added new "You Can Make a Difference": "Offering a Helping Hand to Homeless People"

### **CHAPTER 5: Groups and Organizations**

- Deleted "Community in the Media" and moved some of the information into the text
- Deleted "Sociology Works!" and moved some of the information into the discussion of ingroups and outgroups

- Substantially revised and updated "Sociology and Social Policy," changing the subtitle to "Technological and Social Change in the Workplace: BYOD?"
- Renamed and updated final section: "Looking Ahead: Social Change and Organizations in the Future"
- Added new "You Can Make a Difference": "Can Facebook, Twitter, and Other Social Media Make You a Better, More Helpful Person?"

### **CHAPTER 6: Deviance and Crime**

- Added new opening lived experience about President Obama's exasperation with the lack of gun control in light of the San Bernardino, California, mass shooting and all the other shootings that have recently occurred
- Deleted "Sociology Works!" and moved some of the content into discussion about deviance
- Updated discussion and examples, where possible, throughout crime theories section
- Updated crime statistics throughout chapter
- Revised and updated all figures pertaining to crime statistics
- Deleted "Framing Violent Crime in the Media"
- Updated discussion about terrorism and crime to include recent violence in France and Dallas, Texas
- Updated statistics on the U.S. criminal justice system
- Added new "Sociology in Global Perspective": "A Wider Perspective on Gangs: Look and Listen Around the World!" to include newer research and global examples
- Updated "Sociology and Social Policy," now subtitled "The Long War Over Gun Control"
- Revised and expanded section on Internet crime

# CHAPTER 7: Class and Stratification in the United States

- Updated statistics on income, poverty, health insurance, and other issues pertaining to inequality throughout the chapter.
- Updated models and figures of the U.S. class structure
- Revised Figure 7.12: "Distribution of Pretax Income in the United States, 2014"
- Revised Figure 7.13: "Mean Household Income in the United States"
- Revised Figure 7.15: "Racial Divide in Net Worth, 2013"
- Revised Figure 7.16: "Rate of Uninsurance by Household Income. 2014"
- Deleted map: "Percentage of People in Poverty in the Past 12 Months by State"
- Revised Figure 7.18: "U.S. Poverty Rates by Age, 1959–2014"
- Deleted "Sociology Works!"
- Added new Figure 7.19: "Poverty Rates by Age and Sex, 2014"
- Added "You Can Make a Difference": "Students Helping Others Through Campus Kitchen"
- Expanded and renamed final section: "Looking Ahead: U.S. Stratification in the Future"

### **CHAPTER 8: Global Stratification**

- Revised and updated information in the "Sociology & Everyday Life" quiz: "How Much Do You Know About Global Wealth and Poverty?"
- Replaced Figure 8.1 with "Wealth and Population by Region, 2015"
- Updated "Classification of Economies by Income"
- Revised Figure 8.3 (map of "High-, Middle-, and Low-Income Economies in Global Perspective")
- Deleted "Framing Child Labor Issues in the Media"
- Revised and updated "Global Poverty and Human Development Issues" section
- Updated Figure 8.6: "Indicators of Human Development"
- Revised and updated "Sociology and Social Policy" to include new United Nations goals for 2016–2030
- Updated information on *maquiladora* plants
- Deleted "Sociology Works!" and incorporated some of the information into the main body of the text
- Added new "You Can Make a Difference": "Global Networking to Reduce World Hunger and Poverty"
- Revised and updated "Looking Ahead: Global Inequality in the Future"

### **CHAPTER 9: Race and Ethnicity**

- Added new opening lived experience about Selma, Alabama, fifty years after the civil rights march and about recent problems in Ferguson, Missouri, involving racism and abusive policing directed at African Americans
- Updated data in the "Sociology & Everyday Life" quiz: "How Much Do You Know About Race, Ethnicity, and Sports?"
- Updated data and other information on all racial and ethnic categories
- Added new "Sociology and Social Policy": "Racist Hate Speech on Campus Versus First Amendment Right to Freedom of Speech"
- Deleted "Census Profiles"
- Deleted "Sociology in Global Perspective"
- Deleted "Sociology Works!"
- Deleted "Sociology in the Media"
- Added new information on Cuban Americans regarding changing relations with the United States
- Updated information on Middle Eastern Americans in light of recent terrorist attacks
- Changed final section to "Looking Ahead: The Future of Global Racial and Ethnic Inequality"

### **CHAPTER 10: Sex, Gender, and Sexuality**

- Added new "Sociology & Everyday Life" opening lived experience on gender, sexual orientation, and weight issues
- Added new "Sociology & Everyday Life" quiz: "How Much Do You Know About Gender, Sexual Orientation, and Weight Bias?"

- Revised and updated discussion of LGBTQ issues, including changes to the "Intersex and Transgender Persons" section and new material on the North Carolina "bathroom law" relating to transgender persons
- Deleted "Sociology Works!"
- Deleted "Census Profiles"
- Updated section on gender and socialization
- Expanded discussion of mass media and gender socialization to include more on social media
- Deleted "Framing Gender in the Media"
- Revised and updated "Contemporary Gender Inequality," particularly "Gendered Division of Paid Work in the United States"
- Updated Figure 10.11: "The Wage Gap, 2015"
- Updated Figure 10.12: "Women's Wages as a Percentage of Men's in Each Racial-Ethnic Category"
- Updated map shown in Figure 10.13: "Women's Earnings as a Percentage of Men's Earnings by State, the District of Columbia, and Puerto Rico, 2014"
- Added new "Sociology in Global Perspective": "Women's Body Size and the Globalization of 'Fat Stigma'"
- Added new "You Can Make a Difference": "Love Your Body': Women's Activism on Campus and in the Community"

### **CHAPTER 11: Families and Intimate Relationships**

- Revised chapter opening lived experience and updated the "Sociology & Everyday Life" quiz
- Revised statistics on families throughout chapter
- Added new section: "The Contemporary Family— Family Diversity in the Twenty-first Century"
- Deleted "Census Profiles"
- Updated data on cohabitation and domestic partnerships
- Deleted "Sociology Works!"
- Updated "Sociology in Global Perspective": "Wombs-for-Rent: Commercial Surrogacy in India"
- Revised Figure 11.10: "U.S. Birth Rates per 1,000
   Females Ages 15–19, by Race/Ethnicity, 1990–2014"
- Deleted "Teen Pregnancy in the Media"
- Revised "Looking Ahead: Family Issues in the Future"

### **CHAPTER 12: Education and Religion**

- Updated statistics for education and religion throughout the chapter
- Deleted "Sociology Works!"
- Added "Postmodern Theory" in education section
- Updated Figure 12.7: "Percentage Distribution of Total Public Elementary-Secondary School System Revenue, 2014–2015"
- Revised and updated Figure 12.8: "Status Dropout Rates for 16- to 24-Year-Olds, by Race/Ethnicity, Gender, and Region"
- Updated discussion of school safety and violence
- Deleted "Census Profiles" and incorporated "Educational Achievement of Persons Ages 25 and Over" into the text

- Updated "Sociology and Social Policy" box to reflect increasing complications relating to church-state separation issues
- Deleted "Top 24 U.S. Denominations That Self-Identify as Christian"
- Updated Figure 12.19: "U.S. Religious Traditions' Membership"
- Revised and updated "Looking Ahead: Education and Religion in the Future"

# CHAPTER 13: Politics and the Economy in Global Perspective

- Added new opening lived experience with President Obama addressing journalists and explaining the importance of the media in a free society
- Deleted "Sociology Works!"
- Revised and updated discussion of the U.S. political process and political parties
- Updated "Discontent with the Current Political System and Parties" to include the primaries in the 2016 presidential race
- Deleted discussion of the Tea Party and the Green Party to focus instead on current disagreements within the Republican and Democratic parties
- Revised and updated Figure 13.10: "The 'Typical' Federal Civilian Employee"
- Deleted "Census Profiles"
- Updated Table 13.1: "Revenues of the World's 20 Largest Public and Private Corporations (2014)"
- Updated Table 13.2: "The Music Industry's Big Three"
- Updated Figure 13.13: "The General Motors Board of Directors"
- Added new "Sociology in Global Perspective": "Lopsided Job Market in China: A Mismatch Between Workers and Jobs"
- Revised and updated discussion of unemployment with latest available data
- Updated information on labor unions and worker activism
- Added new "You Can Make a Difference": "Keeping an Eye on the Media"
- Revised "Looking Ahead: Politics and the Global Economy in the Future"

### **CHAPTER 14: Health, Health Care, and Disability**

- Updated information and statistics on illness and health care throughout chapter
- Deleted "Health Issues in the Media"
- Updated discussion on medicinal and recreational use of marijuana and changes in state laws pertaining to illegal drug use
- Updated Figure 14.8: "Chlamydia—Rates by Age and Sex, United States, 2014"
- Updated Figure 14.9: "Prevalence of Self-Reported Adult Obesity in the United States, 2014"
- Revised and updated information on the Affordable Care Act and its implementation
- Updated statistics on private health insurance

- Redesigned and updated Figure 14.13: "Uninsured Children Under 19 Years of Age by Household Income, Poverty Status, Age, Race, Race and Hispanic Origin, and Nativity, 2014"
- Deleted "Sociology Works!"
- Revised discussion on mental disorders and mental illness, and renamed section
- Deleted "Census Profiles"
- Updated "Looking Ahead: Health Care in the Future"

### **CHAPTER 15: Population and Urbanization**

- Revised Figure 15.1: "Growth in the World's Population, 2015"
- Updated statistics on fertility, mortality, and migration
- Deleted "Sociology in the Media"
- Added new "Sociology in Global Perspective": "Problems That People Like to Ignore: Global Diaspora and the Migrant Crisis"
- Deleted "Sociology Works!"
- Updated Figure 15.14: "The World's Fifteen Largest Agglomerations"
- Revised and updated "Looking Ahead: Population and Urbanization in the Future"

# CHAPTER 16: Collective Behavior, Social Movements, and Social Change

- Added new opening lived experience that focuses on divestment demands by college students and others as a way to deal with environmental issues
- Revised Table 16.1: "Top 15 Policy Priorities of the U.S. Public, 2015"
- Revised discussion of revolutionary movements to include more on movements based on international terrorist groups such as ISIS (ISIL)
- Deleted "Sociology Works!"
- Revised and updated "Looking Ahead: Social Change in the Future"

### **Overview of the Text's Contents**

Sociology in Our Times: The Essentials, eleventh edition, contains sixteen high-interest, up-to-date, clearly organized chapters to introduce students to the best of sociological thinking. The length of the text makes full coverage of the book possible in the time typically allocated to the introductory course so that all students are purchasing a book that their instructors will have the time and desire to cover in its entirety.

*Sociology in Our Times: The Essentials* is divided into five parts.

Part 1 establishes the foundation for studying society and social life. Chapter 1 introduces students to the sociological imagination and traces the development of sociological thinking. The chapter sets forth the major theoretical perspectives used by sociologists in analyzing compelling social issues and shows students how sociologists conduct

research. This chapter provides a thorough description of both quantitative and qualitative methods of sociological research, and shows how these approaches have been used from the era of Emile Durkheim to the present to study social concerns such as suicide. In **Chapter 2** culture is spotlighted as either a stabilizing force or a force that can generate discord, conflict, and even violence in societies. Cultural diversity is discussed as a contemporary issue, and unique coverage is given to popular culture and leisure and to divergent perspectives on popular culture. **Chapter 3** looks at the positive and negative aspects of socialization, including a lived experience of learning the socialization cues of medical school. This chapter presents an innovative analysis of gender and racial–ethnic socialization, and issues associated with recent immigration.

Part 2 examines social groups and social control. Chapter 4 applies the sociological imagination to an examination of society, social structure, and social interaction, using homelessness as a sustained example of the dynamic interplay of structure and interaction in society. Unique to this chapter are discussions of the sociology of emotions and of personal space as viewed through the lenses of race, class, gender, and age.

**Chapter 5** analyzes groups and organizations, including innovative forms of social organization and ways in which organizational structures may differentially affect people based on race, class, gender, and age. **Chapter 6** examines how deviance and crime emerge in societies, using diverse theoretical approaches to describe the nature of deviance, crime, and the criminal justice system. Key issues are dramatized for students through an analysis of recent mass shootings and the consequences of violence on individuals and society.

Part 3 focuses on social differences and social inequality, looking at issues of class, race/ethnicity, and sex/gender, while also touching on issues relating to social inequality based on age. Chapter 7 focuses on class and stratification in the United States, analyzing the causes and consequences of inequality and poverty, including a discussion of the ideology and accessibility of the American Dream. Chapter 8 addresses the issue of global stratification and examines differences in wealth and poverty in rich and poor nations around the world. Explanations for these differences are discussed.

The focus of **Chapter 9** is race and ethnicity, including an illustration of the historical relationship (or lack of it) between sports and upward mobility by persons from diverse racial—ethnic groups. A thorough analysis of prejudice, discrimination, theoretical perspectives, and the experiences of diverse racial and ethnic groups is presented, along with global racial and ethnic issues. **Chapter 10** examines sex, gender, and sexuality, with special emphasis on gender stratification in historical perspective. Linkages between gender socialization and contemporary gender inequality are described and illustrated by lived experiences and perspectives on body image.

Part 4 offers a systematic discussion of social institutions, building students' awareness of the importance of these foundational elements of society and showing how a problem in one often has a significant influence on others. Families and intimate relationships are explored in Chapter 11, which includes both U.S. and global perspectives on family relationships, a view of families throughout the life course, and a discussion of diversity in contemporary U.S. families. Education and religion are presented in Chapter 12, which highlights important sociological theories pertaining to these social institutions and integrates the theme of the influence of religion on education and life. In the process, the chapter highlights issues of race, class, and gender inequalities in current U.S. education. The chapter also provides a thorough discussion of religion in global perspective, including a survey of world religions and an analysis of how religious beliefs affect other aspects of social life. Current trends in U.S. religion are explored, including various sociological explanations of why people look to religion to find purpose and meaning in life.

Chapter 13 discusses the intertwining nature of politics, economy, and media in global perspective, highlighting the international context in which contemporary political and economic systems operate. The chapter emphasizes the part that social media are increasingly playing in politics and the economy throughout the world.

Chapter 14 analyzes health, health care, and disability from both U.S. and global perspectives. Among the topics included are social epidemiology, lifestyle factors influencing health and illness, health care organization in the United States and other nations, social implications of advanced medical technology, and holistic and alternative medicine. This chapter is unique in that it contains a thorough discussion of the sociological perspectives on disability and of social inequalities based on disability. The Affordable Care Act and its ramifications are explored in detail.

Part 5 surveys social dynamics and social change. Chapter 15 examines population and urbanization, looking at demography, global population change, and the process and consequences of urbanization. Special attention is given to race- and class-based segregation in urban areas and the crisis in health care in central cities. Chapter 16 concludes the text with an innovative analysis of collective behavior, social movements, and social change. The need for persistence in social movements, such as the continuing work of environmental activists over the past sixty years, is used as an example to help students grasp the importance of collective behavior and social movements in producing social change.

### **Distinctive, Classroom-Tested Features**

The following special features are specifically designed to demonstrate the relevance of sociology in our lives, as well as to support students' learning. As the preceding overview of the book's contents shows, these features appear throughout the text, some in every chapter and others in selected chapters.

# **Unparalleled Coverage of and Attention** to Diversity

From its first edition, I have striven to integrate diversity in numerous ways throughout this book. The individuals portrayed and discussed in each chapter accurately mirror the diversity in society itself. As a result, this text speaks to a wide variety of students and captures their interest by taking into account their concerns and perspectives. Moreover, the research used includes the best work of classical and established contemporary sociologists—including many white women and people of color—and it weaves an inclusive treatment of *all* people into the examination of sociology in *all* chapters. Therefore, this text helps students consider the significance of the interlocking nature of individuals' class, race, and gender (and, increasingly, age) in all aspects of social life.

# Personal Narratives That Highlight Issues and Serve as Chapter-Length Examples

Authentic first-person commentaries appear in the "Sociology & Everyday Life" features that open each chapter and personalize the issue that unifies the chapter's coverage. These lived experiences provide opportunities for students to examine social life beyond their own experiences and for instructors to systematically incorporate into lectures and discussions an array of interesting and relevant topics that help demonstrate to students the value of applying sociology to their everyday lives. New topics include "Class Attendance in Higher Education," "When Gender, Sexual Orientation, and Weight Bias Collide," and "Collective Behavior and Environmental Issues."

# Focus on the Relationship Between Sociology and Everyday Life

Each chapter has a brief quiz in the opening "Sociology & Everyday Life" feature that relates the sociological perspective to the pressing social issues presented in the vignette. (Answers are provided at the end of the chapter.)

# **Emphasis on the Importance of a Global Perspective**

The global implications of all topics are examined throughout each chapter and in the "Sociology in Global Perspective" features, which highlight our interconnected world and reveal how the sociological imagination extends beyond national borders.

### **Emphasis on Social and Global Change**

The eleventh edition also strives to relate the importance of social and global change in its many forms and how this change affects not only our everyday lives but also our communities and the entire nation and world.

# Applying the Sociological Imagination to Social Policy

The "Sociology and Social Policy" features in selected chapters help students understand the connection between law and social policy issues in society.

### **Focus on Making a Difference**

Designed to help students learn how to become involved in their communities, the "You Can Make a Difference" features look at ways in which students can address, on a personal level, social issues and problems raised by the chapter themes.

### **Effective Study Aids**

In addition to basic reading and study aids such as learning objectives, key terms, and a running glossary, *Sociology in Our Times* includes the following pedagogical aids to aid students' mastery of the course's content:

- Concept Quick Review. These tables categorize and contrast the major theories or perspectives on the specific topics presented in a chapter.
- Questions for Critical Thinking. Each chapter concludes with a set of questions to encourage students to reflect on important issues, to develop their own critical-thinking skills, and to highlight how ideas presented in one chapter often build on those developed previously.
- Feature-Concluding Reflect & Analyze Questions.

  From activating prior knowledge related to concepts and themes to highlighting main ideas and reinforcing diverse perspectives, this text's questions encourage students to reflect on issues and to analyze content rather than to simply memorize and recall course content.
- End-of-Chapter Summaries in Question-and-Answer Format. Chapter summaries provide a built-in review for students by reexamining material covered in the chapter in an easy-to-read question-and-answer format to review, highlight, and reinforce the most important concepts and issues discussed in each chapter.

# **Comprehensive Supplements Package**

### **Products for Blended and Online Courses**

MindTap<sup>TM</sup>: The Personal Learning Experience MindTap Sociology for Kendall's Sociology in Our Times: The Essentials, eleventh edition, from Cengage Learning, represents a new approach to a highly personalized, online learning platform. A fully online learning solution, MindTap combines all of a student's learning tools—readings, multimedia, activities, and assessments—into a "Learning Path" that guides the student through the introduction to

sociology course. Instructors personalize the experience by customizing the presentation of these learning tools to their students, even seamlessly introducing their own content into the Learning Path via apps that integrate into the MindTap platform. Learn more at www.cengage.com/mindtap.

MindTap for Kendall's *Sociology in Our Times: The Essentials*, eleventh edition, is easy to use and saves instructors time by allowing them to do the following:

- Seamlessly deliver appropriate content and technology assets from a number of providers to students, as needed.
- Break course content down into movable objects to promote personalization, encourage interactivity, and ensure student engagement.
- Customize the course—from tools to text—and make adjustments "on the fly," making it possible to intertwine breaking news into your lessons and incorporate today's teachable moments.
- Bring interactivity into learning through the integration of multimedia assets (apps from Cengage Learning and other providers) and numerous in-context exercises and supplements: Student engagement will increase, leading to better outcomes.
- Track students' use, activities, and comprehension in real time, which provides opportunities for early intervention to influence progress and outcomes. Grades are visible and archived so students and instructors always have access to current standings in the class.
- Assess knowledge throughout each section: after readings and in activities, homework, and quizzes.
- Automatically grade homework and quizzes.

CourseReader for Sociology CourseReader for Sociology allows you to create a fully customized online reader in minutes. You can access a rich collection of thousands of primary and secondary sources, readings, and audio and video selections from multiple disciplines. Each selection includes a descriptive introduction that puts it into context, and every selection is further supported by both critical-thinking and multiple-choice questions designed to reinforce key points. This easy-to-use solution allows you to select exactly the content you need for your courses, and it is loaded with convenient pedagogical features, such as highlighting, printing, note taking, and downloadable MP3 audio files for each reading. You have the freedom to assign and customize individualized content at an affordable price. CourseReader is the perfect complement to any class.

### **Resources for Customizing Your Textbook**

Cengage Learning is pleased to offer three modules that help you tailor *Sociology in Our Times: The Essentials*, eleventh edition, to your course. In addition, you can choose to add your own materials or reorganize the table of contents. Work with your local Cengage Learning consultant to find out more.

Careers in Sociology Module Written by leading author Joan Ferrante, Northern Kentucky University, the Careers in Sociology module offers the most extensive and useful information on careers that is available. This module provides six career tracks, each of which has a "featured employer," a job description, and a letter of recommendation (written by a professor for a sociology student) or application (written by a sociology student). The module also includes résumé-building tips on how to make the most out of being a sociology major and offers specific course suggestions along with the transferable skills gained by taking these courses. As part of Cengage Learning's Add-a-Module Program, Careers in Sociology can be purchased separately, bundled, or customized with any of our introductory texts.

**Sociology of Sports Module** The Sociology of Sports module, authored by Jerry M. Lewis, Kent State University, examines why sociologists are interested in sports, mass media and sports, popular culture and sports (including feature-length films on sports), sports and religion, drugs and sports, and violence and sports. As part of Cengage Learning's Add-a-Module Program, Sociology of Sports can be purchased separately, bundled, or customized with any of our introductory texts.

Rural Sociology Module The Rural Sociology module, authored by Carol A. Jenkins, Glendale Community College–Arizona, presents the realities of life in rural America. Many people imagine a rural America characterized by farming, similar cultures, and close-knit communities. However, rural Americans and rural communities are extremely diverse—demographically, culturally, socially, economically, and environmentally. The module presents these characteristics of rural life in a comprehensive and accessible format for introductory sociology students. As part of Cengage Learning's Add-a-Module program, Rural Sociology can be purchased separately, bundled, or customized with any of our introductory sociology texts.

### **Teaching Aids for Instructors**

A broad array of teaching aids is available to make course planning faster and easier, giving you more time to focus on your students. All of these resources can be accessed with a single account. Go to **login.cengage.com** to log in.

Online Instructor's Resource Manual This text's Online Instructor's Resource Manual is designed to maximize the effectiveness of your course preparation. Beginning with a list of "What's New in Each Chapter" and the Key Terms, it offers chapter outlines correlated to student learning objectives, creative lecture and teaching ideas, an extensive chapter outline with learning objectives correlated to headings, student active learning activities, Internet activities, and video suggestions.

**Online Test Bank** The eleventh edition's test bank consists of revised and updated multiple-choice questions and

true/false questions for each chapter of the text, along with an answer key and text references for each question. Each multiple-choice item has the question type (fact, concept, or application) indicated. Also included are short-answer and essay questions for each chapter. The author of the Test Bank has also keyed each test question to its related learning objective for the chapter.

Online PowerPoint® Slides Helping you make your lectures more engaging while effectively reaching your more visually oriented students, these Microsoft® PowerPoint® slides outline the chapters of the main text in classroom-ready presentations that include tables, selected figures, image-based "Consider This" questions, and a "Quick Quiz." The PowerPoint slides are updated to reflect the content and organization of the new edition of the text.

The Sociology Video Library Volumes I–IV These DVDs drive home the relevance of course topics through short, provocative clips of current and historical events. Perfect for enriching lectures and engaging students in discussion, many of the segments on these volumes have been gathered from BBC Motion Gallery. Ask your Cengage Learning representative for a list of contents.

AIDS in Africa Expand your students' global perspective on HIV/AIDS with this award-winning documentary series on DVD, which focuses on controlling HIV/AIDS in southern Africa. Films focus on caregivers in the faith community; how young people share messages of hope through song and dance; the relationship of HIV/AIDS to gender, poverty, stigma, education, and justice; and the story of two HIV-positive women helping others.

**Cengage Learning Testing Powered by Cognero**This is a flexible online system that allows you to do the following:

- Import, edit, and manipulate test bank content from the Sociology in Our Times: The Essentials test bank or elsewhere, including your own favorite test questions
- Create multiple test versions in an instant
- Deliver tests from your LMS, your classroom, or wherever you want

### **Acknowledgments**

Sociology in Our Times: The Essentials, eleventh edition, would not have been possible without the insightful critiques of these colleagues, who have reviewed some or all of this text and its supplements or responded to a detailed survey. I extend my profound thanks to each one for engaging with me in the revision process.

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I invite you to send your comments and suggestions about this book to me in care of:

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# SOCIOLOGY In Our Times

# The Sociological Perspective and Research Process







- Define sociology and explain how it can contribute to our understanding of social life.
- Identify what is meant by the sociological imagination.
- Describe the historical context in which sociological thinking developed.
  - Identify reasons why many early social thinkers were concerned with social change.
- Compare and contrast functionalist, conflict, symbolic interactionist, and postmodern perspectives on social life in the twentieth and twenty-first centuries.
  - Explain why sociological research is necessary and how it challenges our commonsense beliefs about pressing social issues such as suicide.
    - Distinguish between quantitative research and qualitative research, and identify the steps in each method.
    - Describe survey research and briefly discuss three types of surveys.
    - Compare and contrast research methods used in surveys, secondary analysis of existing data, field research, and experiments.
    - Discuss ethical issues in research and identify professional codes that protect 10 research participants.





# The Sociology of Suicide Trends Today

Instagram Posts:

"Molak's an ape. The monkey looking human gets his woman stolen."

"Put um inna coffin. Put em 6 feet under."

David Molak's Girlfriend's Post:

"... I don't think this is funny.... STOP ALL OF YOU."

—After a 16-year-old San Antonio student committed suicide, a local television station obtained these screenshots from a private Instagram account that revealed David Molak had been the target of prolonged cyberbullying by students at his previous high school even after he began attending another school and his girlfriend tried to get other people to stop their behavior (Mendoza, 2016).



"Why are you alive?"

"You're ugly."

"You should die."

"Why don't you go kill yourself."

"Can u die please?"

—After more than a year of receiving online bullying comments like these, Rebecca Ann Sedwick, a 12-year-old Tampa, Florida, girl, jumped to her death from a concrete silo tower at an abandoned cement plant. After her death, law enforcement officials stated that she was "absolutely terrorized on social media" (Alvarez, 2013), while psychologists pointed out that she had been a victim of the "cool to be cruel" cyberculture (Ng, 2013).

"You think you want to die, but in reality you just want to be saved."

—Hanna Smith posted a picture of this statement written in a spiral notebook to her Facebook page less than 24 hours prior to killing herself (Dolan and Robinson, 2013).

Cliff Molak visits the grave of his brother David, who commited suicide after being cyberbullied.

Suicides committed by young people who have been the victims of online bullying deeply touch the lives of their families, friends, and others who have not even met them. Although we will never know the full story of what happened to David Molak and the others described, these tragic occurrences bring us to larger cal questions: Why does anyone commit suicide? Is suicide

sociological questions: Why does anyone commit suicide? Is suicide purely an individual phenomenon, or is it related to our social interactions and the social environment and society in which we live? How have technologies such as smartphones and social media affected our communication—both positively and negatively—with others?

As you are well aware, social media use among teens and college students continues to grow rapidly. You are engulfed by smartphones, tablets, and computers. Facebook, Twitter, YouTube, and other Internet-based social networking sites are taken for granted. You enjoy the positive effects of social media, but the digital age may also produce harmful outcomes, particularly when some people harass others, causing psychological and physical harm and sometimes even bullying them into suicide.

Although suicide may seem like a "downer" for your study of sociology, I have chosen this topic because it is one of the first social

issues that early sociologists studied. These thinkers believed that identifying the *social causes* of such behavior sets sociology apart from psychology, philosophy, and other areas of inquiry.

In this chapter we examine how sociological theories and research can help you understand social life, including seemingly individualistic acts such as committing suicide. You will see how sociological theory and research methods might be used to answer complex questions, and you will wrestle with some of the difficulties that sociologists experience as they study human behavior. Before reading on, test your knowledge about suicide by taking the "Sociology and Everyday Life" quiz.



**Define** sociology and explain how it can contribute to our understanding of social life.

### **Putting Social Life into Perspective**

**Sociology** is the systematic study of human society and social interaction. It is a *systematic* study because sociologists apply both theoretical perspectives and research methods (or

4 CHAPTER 1 The Sociological Perspective and Research Process

### **How Much Do You Know About Suicide?**

TRUE	FALSE				
Т	F	After cancer and heart disease, suicide accounts for more years of life lost than any other cause of death in the United States.			
T	F	2 Young people between the ages of 15 and 24 have the highest suicide rate in the United States.			
Т	F	3 White males account for about 65 percent of all U.S. suicides.			
Т	F	4 Although females are more likely to attempt suicide, males are more likely to complete suicide (take their own life).			
Т	F	5 Each year about 500,000 suicide deaths occur worldwide.			
Т	F	6 Firearms are the most commonly used method of suicide among males and females.			
Т	F	7 Alcohol intoxication is present in nearly one-fourth of all suicide deaths in the United States.			
T	F	8 Studies show that for people between the ages of 18 and 22, those who are attending college full time are less likely to attempt suicide or receive medical attention as a result of a suicide attempt than persons in the same age category who are not full-time college students.			

Answers can be found at the end of the chapter.

orderly approaches) to examinations of social behavior. Sociologists study human societies and their social interactions in order to develop theories of how human behavior is shaped by group life and how, in turn, group life is affected by individuals.

### Why Should You Study Sociology?

Sociology helps you gain a better understanding of yourself and the social world. It enables you to see how the groups to which you belong and the society in which you live largely shape behavior. A society is a large social grouping that shares the same geographical territory and is subject to the same political authority and dominant cultural expectations, such as the United States, Mexico, or Nigeria. Many changes are occurring in the twenty-first century. Many societies have not only dominant cultural groupings and expectations but also many smaller groupings that have their own unique cultural identities. Migration and interdependence have shifted the meaning of *society* in the twenty-first century.

Examining the world order helps us understand that each of us is affected by global interdependence—a relationship in which the lives of all people are closely intertwined and any one nation's problems are part of a larger global problem. Environmental problems are an example: People throughout the world share the same biosphere. When environmental degradation, such as removing natural resources or polluting the air and water, takes place in one region, it may have an adverse effect on people around the globe.

You can make use of sociology on a more personal level. Sociology enables us to move beyond established

### sociology

the systematic study of human society and social interaction.

a large social grouping that shares the same geographical territory and is subject to the same political authority and dominant cultural expectations.

Health and Human Services	Business	Communication	Academia	Law
Counseling Education Medicine Nursing Social Work	Advertising Labor Relations Management Marketing	Broadcasting Public Relations Journalism	Anthropology Economics Geography History Information Studies Media Studies/ Communication Political Science Psychology Sociology	Law Criminal Justice

FIGURE 1.1 Fields That Use Social Science Research

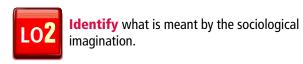
In many careers, including jobs in health and human services, business, communication, academia, and law, the ability to analyze social science research is an important need.

Source: Based on Katzer, Cook, and Crouch, 1991.

ways of thinking, thus allowing us to gain new insights into ourselves and to develop a greater awareness of the connection between our own "world" and that of other people. According to the sociologist Peter Berger (1963: 23), sociological inquiry helps us see that "things are not what they seem." Sociology provides new ways of approaching social problems and making decisions in everyday life. For this reason, people with knowledge of sociology are employed in a variety of fields that apply sociological insights to everyday life (see • Figure 1.1).

Sociology promotes understanding and tolerance by enabling each of us to look beyond intuition, common sense, and our personal experiences. Many of us rely on intuition or common sense gained from personal experience to help us understand our daily lives and other people's behavior. *Commonsense knowledge* guides ordinary conduct in everyday life. However, many commonsense notions are actually myths. A *myth* is a popular but false notion that may be used, either intentionally or unintentionally, to perpetuate certain beliefs or "theories" even in the light of conclusive evidence to the contrary.

By contrast, sociologists strive to use scientific standards, not popular myths or hearsay, in studying society and social interaction. They use systematic research techniques and are accountable to the scientific community for their methods and the presentation of their findings. Whereas some sociologists argue that sociology must be completely value free-free from distorting subjective (personal or emotional) bias-others do not think that total objectivity is an attainable or desirable goal when studying human behavior. However, all sociologists attempt to discover patterns or commonalities in human behavior. When they study suicide, for example, they look for recurring patterns of behavior in individuals and groups. Consequently, we seek the multiple causes and effects of social issues and analyze the impact of the problem not only from the standpoint of the people directly involved but also from the standpoint of the effects of such behavior on all people.



### The Sociological Imagination

Do you wonder how your daily life compares to what other people are doing? Our interest in Facebook, Instagram, Twitter, and other social media sites reflects how fascinated we are by what other people are thinking and doing. But how can you really link your personal life with what is going on with other people in the larger social world? You can make an important linkage known as the sociological imagination.

Sociological reasoning is often referred to as the sociological imagination—the ability to see the relationship between individual experiences and the larger society (Mills, 1959b). The sociological imagination is important to each of us because having this awareness enables us to understand the link between our personal experiences and the social contexts in which they occur. Each of us lives in a society, and we live out a biography within some historical setting. Throughout your life, you contribute to the shaping of society and to its history, even as you are made by society and the historical events that take place during your lifetime. The sociological imagination will enable you to grasp the relationship between history at the societal level and your own biography at the individual level. It also helps you distinguish between personal troubles and social (or public) issues. Personal troubles are private problems that affect individuals and the networks of people with whom they regularly associate. As a result, individuals within their immediate social settings must solve those problems. For example, one person being unemployed may be a personal trouble. Public issues are problems that affect large numbers of people and often require solutions at the societal level. Widespread unemployment as a result of economic changes such as plant closings is an example of a public issue. The sociological imagination helps us place seemingly personal troubles, such as losing one's job or feeling like committing suicide, into a larger social context, where we

# **Durkheim's Classical Study of Suicide Applied** to Twenty-First-Century Young People in India

The bond attaching [people] to life slackens because the bond which attaches [them] to society is itself slack. —Emile Durkheim, Suicide (1964b/1897)

Although this statement described social conditions accompanying the high rates of suicide found in late-nineteenth-century France, Durkheim's words ring true today as we look at contemporary suicide rates for young people in cities such as New Delhi, India. Suicide rates in India are highest in the 15–29 age category and are especially high among those living in the wealthier and more educated regions of the nation (NDTV.com, 2012; Lancet, 2012).

Doesn't this seem unlikely? Many people think rural farmers facing poor harvests and high debt would have the greatest risk of suicide; however, this has not proven true in India. At first glance, we might think that economic success and a good education would provide insurance against suicide because



Durkheim's words about suicide still ring true today in India, where suicide rates for young people in cities such as New Delhi are high, particularly among those in the 15-29 age category. Why might an economic boom not only create new opportunities but also intensify social problems such as high rates of suicide when social change is linked to rapid urbanization and weakening social ties?

of the greater happiness and job satisfaction among individuals in cities such as New Delhi, as these individuals have gained new opportunities and higher salaries in recent years. However, this economic boom—including the more open markets of India in the past 20 years—has not only created new opportunities for people; these changes have also contributed to rapid urbanization and weakened social ties. The result? Intensified job anxiety, higher expectations, and more pressure for individual achievement. Social bonds have been weakened or dissolved as people move away from their families and their community. Ironically, newer technologies such as cell phones and social networking sites have contributed to the breakdown of traditional family units as communication has become more impersonal and fragmented.

In addition, life in the cities moves at a much faster pace than in the rural areas, and many individuals experience loneliness, sleep disorders, family discord, and major health risks such as heart disease and depression (Mahapatra, 2007). In the words of Ramachandra Guha (2004), a historian residing in India, Durkheim's sociology of suicide remains highly relevant to finding new answers to this challenging problem: "The rash of suicides in city and village is a qualitatively new development in our history. We sense that tragedies are as much social as they are individual. But we know very little of what lies behind them. What we now await, in sum, is an Indian Durkheim."

### **REFLECT & ANALYZE**

How does sociology help us examine seemingly private acts such as suicide within a larger social context? Why are some people more inclined to commit suicide if they are not part of a strong social fabric and have, at the same time, high job anxiety and intensive pressure to achieve?

can distinguish whether and how personal troubles may be related to public issues. Let's compare the two perspectives by looking at suicide.

Suicide as a Personal Trouble Have you ever heard someone say, "They have no one to blame but themselves" regarding some problem? In everyday life, we often blame other people for "creating" their own problems. Although individual behavior can contribute to social problems, our individual experiences are often largely beyond our own

control. They are determined by society as a whole—by its historical development and its organization. In everyday life we often blame individuals for creating or contributing to their own problems. If a person commits suicide, many people consider it to be strictly the result of that individual's

### sociological imagination

C. Wright Mills's term for the ability to see the relationship between individual experiences and the larger society.

own personal problems, not the social world in which the person lived.

**Suicide as a Public Issue** If we use the sociological imagination to look at the problem of suicide, however, we can see that it is often a public issue—a societal problem. Early sociologist Emile Durkheim refused to accept commonsense explanations of suicide. In what is probably the first sociological study to use scientific research methods, he related suicide to the issue of cohesiveness (or lack of it) in society instead of viewing suicide as an isolated act that could be understood only by studying individual personalities or inherited tendencies. In *Suicide* (1964b/1897), Durkheim documented his contention that a high suicide rate indicated large-scale societal problems.

# The Importance of a Global Sociological Imagination

How is it possible to think globally when you live in one location and have been taught to think a certain way? Although we live in one country and rely heavily on Western

sociological theory and research, we can access the world beyond the United States and learn to develop a more comprehensive *global* approach for the future. One way we can do this is to reach beyond studies that have focused primarily on the United States to look at the important challenges we face in a rapidly changing world and develop a more comprehensive *global* approach for the future (see • Figure 1.2). These issues range from political and economic instability to environmental concerns, natural disasters, and terrorism. We can also examine the ways in which nations are not on equal footing when it comes to economics and politics.

The world's *high-income countries* are nations with highly industrialized economies; technologically advanced industrial, administrative, and service occupations; and relatively high levels of national and personal income. Examples include the United States, Canada, Australia, New Zealand, Japan, and the countries of Western Europe.

As compared with other nations of the world, many high-income nations have a high standard of living and a lower death rate because of advances in nutrition and medical technology. However, not everyone living in a so-called high-income country has these advantages.

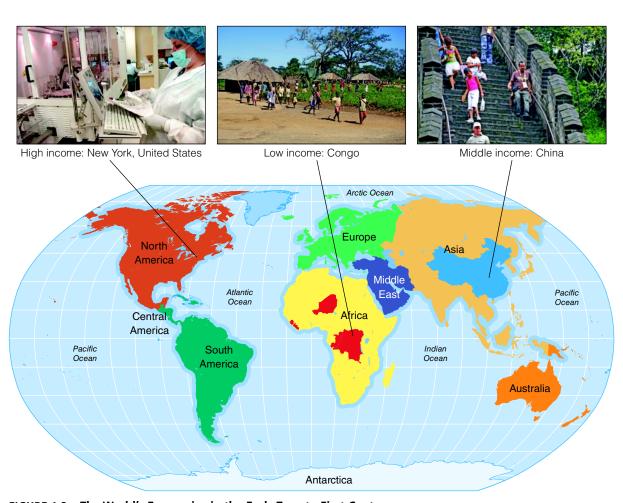


FIGURE 1.2 The World's Economies in the Early Twenty-First Century

High-income, middle-income, and low-income countries.

Photos, left to right: John Berry/Syracuse Newspapers/The Image Works; Gable/Alamy Stock Photo; Philipbigg/Alamy Stock Photo

**8 CHAPTER 1** The Sociological Perspective and Research Process

### Income and gender disparities

In higher-income countries, the rate of male suicides is three times that of women. In the United States, the rate of male suicides is almost four times that of women. In lower- and middle-income countries, the rate of male suicides is 1.5 times that of women.

### Age-group

In many nations, the highest rate of suicide is that of persons ages 70 and over. In the United States, the highest rate of suicide is that of middle-aged persons, particularly white (non-Hispanic) men.

### **Risk factors**

Difficulties in accessing health care Easy availability of means of suicide such as pesticides, firearms, and certain medications. Sensationalized media reporting that may lead to copycat suicides. Stigma against persons who seek help (for suicidal behavior or for mental health and substance-abuse problems). Having previously attempted suicide

### FIGURE 1.3 Using Our Global Sociological Imagination to Understand Suicide

Sources: U.S. Centers for Disease Control and Prevention. 2015a; World Health Organization, 2015a.

In contrast, *middle-income countries* are nations with industrializing economies, particularly in urban areas, and moderate levels of national and personal income. Examples of middle-income countries include the nations of Eastern Europe and many Latin American countries.

Low-income countries are primarily agrarian nations with little industrialization and low levels of national and personal income. Examples of low-income countries include many of the nations of Africa and Asia, particularly India and the People's Republic of China, where people typically work the land and are among the poorest in the world. However, generalizations are difficult to make because there are wide differences in income and standards of living within many nations (see Chapter 8, "Global Stratification").

If we look at the problem of suicide from a global perspective, we find that it is a major concern: Worldwide, more than 800,000 people die by suicide every year. In addition, many more people attempt suicide. Based on what you have read above about high-, middle-, and low-income countries, it is important for us to think about the fact that about 75 percent of global suicides occur in low- and middleincome nations. Risk factors are shown in • Figure 1.3.

Throughout this text we will continue to develop our sociological imaginations by examining social life in the United States and other nations. The future of our nation is deeply intertwined with the future of all other nations of the world on economic, political, environmental, and humanitarian levels.

Whatever your race/ethnicity, class, sex, or age, are you able to include in your thinking the perspectives of people who are quite different from you in experiences and points of view? Before you answer this question, a few definitions are in order. Race is a term used by many people to specify groups of people distinguished by physical characteristics such as skin color. Ethnicity refers to the cultural heritage or identity of a group and is based on factors such as language or country of origin. Class is the relative location of a person or group within the larger society, based on wealth, power, prestige, or other valued resources. Sex refers to the biological and anatomical differences between females and males. By contrast, gender refers to the meanings, beliefs, and practices associated with sex differences, referred to as femininity and *masculinity*. Although these terms sound very precise, they often do not have a precise meaning and are, instead, social constructions that people use to justify social inequalities. When we refer to something as a "social construction," we mean that race, ethnicity, class, and gender do not really indicate anything apart from the social meaning that people in a given society confer on them. However, the result is that we may-either intentionally or unintentionallyprivilege some categories of people over others who are placed in disadvantaged or subordinate positions. In sum, a "social construction of reality" occurs when large numbers of people act and respond as if these categories exist in reality rather than having been socially created.



**Describe** the historical context in which sociological thinking developed.

### The Development of Sociological Thinking

Throughout history, social philosophers and religious authorities have made countless observations about human behavior. However, the idea of observing how people lived, finding out what they thought, and doing so in a systematic manner that could be verified did not take hold until the nineteenth century and the social upheaval brought about by industrialization and urbanization.

### high-income countries

nations with highly industrialized economies; technologically advanced industrial, administrative, and service occupations; and relatively high levels of national and personal income.

### middle-income countries

nations with industrializing economies, particularly in urban areas, and moderate levels of national and personal income.

### low-income countries

primarily agrarian nations with little industrialization and low levels of national and personal income.